# Conscious sedation in an increment

**13th & 14th December 2022**

**Faculty: Richard Moore, Imran Suida, Vicki Greig, Gavin Wilson**

**Aims of the session**

Deliver comprehensive overview of conscious sedation for the sedation team. This will total 13 hours of verifiable continuing professional development (CPD), fulfilling the 5-year IACSD requirement. The 2-day event is suitable for all members of the dental team including Dentists, Dental nurses and DCP’s. It will provide those looking to be involved in sedation with an overview of sedation practice, while providing those who are already trained with an update.

**This is not an IACSD accredited sedation course and therefore participants will not be trained to autonomously deliver sedation after participation in the course.**

**Intended learning outcomes**

At the end of the session(s) delegates will be able to:

* Understand the anatomy and physiology relevant to conscious sedation
* Know how to assess a patient’s suitability for conscious sedation
* Know how to manage common problems relevant to conscious sedation
* Know how to recognise and manage medical emergencies in the sedated patient
* Understand behaviour management techniques relevant to anxious and complex patients
* Understand the various available sedation techniques and the relevant literature associated with each
* Have an awareness of the published standards and guidance on conscious sedation
* Understand what audits and quality improvement topics are useful to undertake in the field of conscious sedation

|  |  |  |
| --- | --- | --- |
| **DAY 1 – 13th December 2022 HSSC** | | |
| **0845 - 0900** | Registration and refreshments | |
| **0900 - 0915** | Welcome | **Gavin Wilson** |
| **0915 - 1045** | The ABCDE Approach | **Richard Moore** |
| **1045 - 1115** | Introduction to the Simulation environment | **Imran Suida** |
| **1115 - 1130** | **Break** | |
| **1130 - 1230** | Session 1: Sedation simulation scenarios | **All faculty** |
| **1230 - 1300** | Session 1: Debrief and scenario teaching | **All faculty** |
| **1300- 1400** | **Lunch** | |
| **1400 - 1500** | Session 2: Sedation simulation scenarios | **All faculty** |
| **1500 - 1530** | Session 2: Debrief and scenario teaching | **All faculty** |
| **1530 - 1545** | **Break** | |
| **1545 - 1645** | Session 3: Sedation simulation scenarios | **All faculty** |
| **1645 - 1715** | Session 3: Debrief and scenario teaching | **All faculty** |
| **1715 - 1730** | Close | **Gavin Wilson** |
|  | | |

|  |  |  |
| --- | --- | --- |
| **DAY 2 – 14th December 2022 RCPSG** | | |
| **0845 - 0900** | Registration and refreshments | |
| **0900 - 0915** | Welcome | **Gavin Wilson** |
| **0915 - 0945** | An update on sedation guidance | **Gavin Wilson** |
| **0945 - 1045** | The human body and sedation | **Vicki Greig** |
| **1045 - 1100** | **Break** | |
| **1100 - 1200** | Assessment of the anxious dental patient | **Gavin Wilson** |
| **1200 - 1300** | The power is in your hands (Local analgesia) | **Richard Moore** |
| **1300 - 1400** | **Lunch** | |
| **1400 - 1500** | Intravenous sedation: techniques, tips, and tricks | **Imran Suida** |
| **1500 - 1600** | Inhalation Sedation for the anxious dental patient | **Richard Moore** |
| **1600 - 1615** | **Break** | |
| **1615 - 1700** | How to improve your sedation delivery | **Vicki Greig** |
| **1715 - 1730** | Close and feedback | **Gavin Wilson** |
|  | | |

**GDC development outcomes – A, B, C & D**

**A -** Effective communication with patients, the dental team and others across dentistry, including when obtaining consent, dealing with complaints, and raising concerns when patients are at risk.

**B -** Effective management of self and effective management of others or effective work with others in the dental team, in the interests of patients, providing constructive leadership where appropriate.

**C -** Maintenance and development of knowledge and skill within your field(s) of practice.

**D -** Maintenance of skills, behaviours and attitudes which maintain patient confidence in you and the dental profession and put patients’ interests first.